SUNDAY, AUGUST 19, 2007 – 9:30 A.M.
HARVEY CEDARS, NJ • LONG BEACH ISLAND

29th Annual

DOG DAY ROAD RACE

5-mile Run Rain or Shine

TIMING: Splits at 1 mile and 4 miles; Finish Line: Digital Display Electronic Timing.
Complete results posted at 12 p.m. at Firehouse

SPONSORS: Local town merchants and residents.
To benefit **High Point Volunteer Fire Company**.

LOCATION: Exit 63, Garden State Parkway, Rt. 72 East to Long Beach Island, 4.5 miles north on Long Beach Boulevard to 80th Street, Harvey Cedars.
Scenic course in beautiful Harvey Cedars.

START/FINISH **High Point Fire House, start 9:30 a.m. sharp.**

REGISTRATION: On site Pre-registration Saturday, August 18th from 2 p.m. to 6 p.m. - **$20.**
Day of Race 7 a.m. to 9 a.m. **- $25.**

FACILITIES: No showers or lockers. Ample parking at Salem Ave. Recreation Area.

SERVICES: Water during race and light refreshments afterwards.

AWARDS: Prizes to top 3 finishers in 15 age groups: (10 & under) (11-13) (14-16) (17-19) (20-24) (25-29) (30-34) (35-39) (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70+)
Cash prizes to first three Male Overall & first three Female Overall finishers.

INFORMATION: Web Site: www.harveycedars.org or call (609) 618-2698

COURSE RECORD: Jarrod Shoemaker – 25:03, 2003; Laurie Corbin – 29:24, 1996.

T-SHIRT: All paid entries include T-shirt. Size guaranteed for pre-registered runners **only.**
Mark size below.

PRINT CLEARLY

29th Annual
DOG DAY ROAD RACE
Sunday, August 19, 2007

For official use only

LAST NAME **FIRST NAME**

AGE Day of Race **SEX** M F

T-SHIRT SIZE *(Adult Sizes)* S M L XL

Area Code Phone

Mailing Address Street Include Apt. No. and/or C/O

City State Zip Code —

SIGNATURE _____ DATE _____

in consideration of this entry being accepted, I the undersigned, intend to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release the High Point Volunteer Fire Co., Borough of Harvey Cedars, Ocean County Bar Association, race supervisors, workers, volunteers, and sponsors for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. I hereby grant full permission to any and all of the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Please complete the above and mail to:

DOG DAY ROAD RACE
c/o High Point Volunteer Fire Co.
P.O. Box 3219
Harvey Cedars, NJ 08008

BE SURE TO INCLUDE YOUR
$20.00 ENTRY FEE
$25.00 DAY OF RACE

Downloaded from CompuScore www.compuscore.com