Glen Ridge Community Fund
PO BOX 27
GLEN RIDGE. NJ 07028

USA TRACK & FIELD — new balance hasbrouck heights — New Jersey Grand Prix Event 500 Points

5000 METER LAGER RUN

PLUS 100M & 400M

YOUTH RACES

Sunday

June 24, 2007

NEW LOCATION:

BLOOMFIELD AVE @ Herman St

5:30 PM

Glen Ridge, new jersey

B E N E F I T I N G

THE GLEN RIDGE

COMMUNITY FUND

DISTANCES:
5K Run/Jog/Walk
100M & 400M YOUTH RACES

The Lager Run is a Running event, which is open to runners, joggers, strollers, dog walkers (leashed) & walkers of every ability! Also, it's the perfect warm-up race for the Sunset Classic

Benefits

THE GLEN RIDGE COMMUNITY FUND

COURSE

The 5K Course is a *FAST*, *NET ELEVATION DROP*, 6 TURN route along the beautiful tree lined, gas lit streets of Glen Ridge, New Jersey.
Go to: http://www.gmap- pedometer.com/?r=683388
For a map of the racecourse.
USATF Certified ~ NJ07509JHP

RACE LOGISTICS

WHEN: Sunday, June 24, 2007
TIME: 5000 Meter Run: *5:30 PM SHARP*
    Youth 400 Meter Run: 4:45 pm
    Youth 100 Meter Run: 5:00 pm
Youth Runs @ Hurrell Field Track

RACE DAY REGISTRATION: Located at 13 Herman Street, Glen Ridge, New Jersey
RACE PACKET PICK-UP:
Between 3:00 PM – 5:15 PM on Herman Street
Note: Parking on this street will be prohibited.

REGISTER IN PERSON @ FLEET FEET SPORTS

Located at 603 Bloomfield Avenue in Montclair, NJ (973) 509-9709 and receive the pre-registration discount until 6:00pm the night before the race!

ONLINE REGISTRATION@ WWW.ACTIVE.COM

**QUESTIONS: Dan Murphy @ 973 748-0093
or EMAIL: dan@dtmurphy.com**

AWARDS

The awards ceremony party will begin promptly at 6:15 PM. The commemorative Lager Run awards will be three deep, in the following age categories: -14; 15-19; 20-29; 30-39; 40-44; 45-49; etc., through all master's divisions, plus first overall male & female!
Youth Races: Ribbons will be awarded to the 1-3rd place age group participants in the 400 & 100 meter runs in the following categories' M&F >8; 9-11;12-14

AMENITIES

BROOKS TM TECH TOPS **or Cotton T's**
~your choice~
While Supply Lasts! ~5K~ Only

POST RACE BLOCK PARTY FEATURING

BEER, SODA, WATER & MUCH MORE
POST RACE FOOD WILL BE AVAILABLE

RACE RESULTS AVAILABLE @ WWW.COMPUSCORE.COM

DIRECTIONS

- From the Garden State Parkway take Exit 148 (Bloomfield Avenue).
- Travel West on Bloomfield Avenue approximately 1 mile to Herman St On the right.
- Look for race signs.
- OK to park on Bloomfield Ave.
- Registration is 50 yards off Bloomfield Avenue on Herman St.

Official Entry Form

Separate application per family member please

Name:_____

Address:_____

City:_____ **State:**_____ **Zip:**_____

Phone:_____

Age: (As of 06/24/2007): _____ **DOB: /   /**

Sex (M/F) _____

REGISTRATION & FEES

CHECK PAYABLE TO: Glen Ridge Community Fund
Mail To: **Glen Ridge Community Fund**
                 PO BOX 27
                 GLEN RIDGE, NJ 07028
Pre-Registration Fee: By 06/16/2007
USATF MEMBERS FEE: Pre $18.00 _____

NON-USATF FEE: Pre: $20.00 _____

5K POST & DAY OF FEE (ALL): $25.00 _____

KIDS RACE(S) GOOD FOR 2 RACES:$ 5.00 _____

*Additional Charitable Contribution: $ 2.00 _____
* Optional, but it would be nice of you.
10% Family discount 3 or more – less: < $_____ >

TOTAL FEE: $_____

USATF MEMBERS ONLY
USATF NUMBER:

WAIVER ~ WAIVER ~ WAIVER
In consideration of the acceptance of my entry, I myself, my representatives and assigns do hereby release and discharge , it's employees, the Borough of Glen Ridge, the Glen Community Fund, it's volunteers, th_ race officials, the race volunteers, sponsors (hereinafter releases) for any claim arising or growing out _ my participation in this athletic event I attest and verify that I have full knowledge of the risks involve_ and I am physically fit and sufficiently trained to participate in this event. I am at least 18 years of age _ have had this release signed by my parent/guardian if I have not yet reached the age of 18. I promise that_ will not sue anyone with any connection to this event for any reason whatsoever!

Participant Signature or Guardian if under age 18
Date:_____/_____/2007

OFFICIAL USE ONLY:_____